

R E S O L U T I O N

1 WHEREAS, The observance of Self-Care Awareness Month in
2 February 2017 reminds citizens to pay attention to their health;
3 and

4 WHEREAS, A lifelong daily habit of healthy lifestyle choices,
5 self-care encompasses good hygiene practices, awareness of bodily
6 changes, symptom monitoring, and the prevention of infection and
7 illness; it requires knowing when it is appropriate to self-treat
8 conditions and when to seek professional assistance from a health
9 care practitioner; and

10 WHEREAS, Today, consumers have access to a wide range of
11 over-the-counter medications, which may have been developed as such
12 or which may previously have required a prescription; the United
13 States Food and Drug Administration permits the sale of OTC
14 medicine for the treatment of pain and minor health conditions,
15 including colds and allergies; according to a 2012 industry study,
16 every dollar spent on these medicines saved the health care system
17 as much as \$7, resulting in \$102 billion in annual savings; and

18 WHEREAS, Self-care can reduce unnecessary visits to health
19 care practitioners, saving consumers money while allowing doctors
20 and nurses to spend more time with patients who require their
21 special expertise; now, therefore, be it

22 RESOLVED, That the House of Representatives of the 85th Texas
23 Legislature hereby recognize February 2017 as Self-Care Awareness
24 Month and encourage all Texans to remain vigilant about their

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1 health.

Kuempel

Straus	Goldman	Oliverson
Allen	Gonzales of Williamson	Ortega
Alonzo	González of El Paso	Paddie
Alvarado	Gooden	Parker
Anchia	Guerra	Paul
Anderson of Dallas	Guillen	Perez
Anderson of McLennan	Gutierrez	Phelan
Arévalo	Hefner	Phillips
Ashby	Hernandez	Pickett
Bailes	Herrero	Price
Bell	Hinojosa	Raney
Bernal	Holland	Raymond
Biedermann	Howard	Reynolds
Blanco	Huberty	Rinaldi
Bohac	Hunter	Roberts
Bonnen of Brazoria	Isaac	Rodriguez of Bexar
Bonnen of Galveston	Israel	Rodriguez of Travis
Burkett	Johnson of Dallas	Romero, Jr.
Burns	Johnson of Harris	Rose
Burrows	Kacal	Sanford
Button	Keough	Schaefer
Cain	King of Hemphill	Schofield
Canales	King of Parker	Schubert
Capriglione	King of Uvalde	Shaheen
Clardy	Klick	Sheffield
Coleman	Koop	Shine
Collier	Krause	Simmons
Cook	Kuempel	Smithee
Cortez	Lambert	Springer
Cosper	Landgraf	Stephenson
Craddick	Lang	Stickland
Cyrier	Larson	Stucky
Dale	Laubenberg	Swanson
Darby	Leach	Thierry
Davis of Dallas	Longoria	Thompson of Brazoria
Davis of Harris	Lozano	Thompson of Harris
Dean	Lucio III	Tinderholt
Deshotel	Martinez	Turner
Dukes	Metcalf	Uresti
Dutton	Meyer	VanDeaver
Elkins	Miller	Villalba
Faircloth	Minjarez	Vo
Fallon	Moody	Walle
Farrar	Morrison	White
Flynn	Muñoz, Jr.	Wilson
Frank	Murphy	Workman
Frullo	Murr	Wray
Geren	Neave	Wu
Gervin-Hawkins	Nevárez	Zedler
Giddings	Oliveira	Zerwas

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Speaker of the House

I certify that H.R. No. 592 was adopted by the House on February 23, 2017, by a non-record vote.

Chief Clerk of the House