

By: Kuempel

H.R. No. 2129

R E S O L U T I O N

1 WHEREAS, Medical experts warn that diabetes dramatically
2 increases the risk of heart disease; and

3 WHEREAS, More than 29 million Americans are affected with
4 diabetes, the nation's seventh-leading cause of death; in type 1
5 diabetes, the body fails to produce sufficient insulin, while in
6 the vastly more common type 2 diabetes, the body cannot use insulin
7 properly; both forms of the illness can cause spikes in blood sugar
8 that can eventually damage nerves and blood vessels, resulting in a
9 higher risk of heart disease and stroke; moreover, people with
10 diabetes often have a number of other risk factors, among them
11 excess weight, inactive lifestyles, high blood pressure, and high
12 cholesterol; and

13 WHEREAS, According to the Cleveland Clinic, diabetes
14 patients are up to four times as likely as members of the general
15 population to develop cardiovascular disease; the American
16 Diabetes Association has reported that women with diabetes are
17 twice as likely to experience a second heart attack and four times
18 as likely to suffer heart failure; moreover, a study by the National
19 Heart, Lung, and Blood Institute found that the risk of developing
20 hypertension, a major contributor to heart disease, doubles for men
21 and quadruples for women with diabetes; women with type 1 diabetes
22 face an exceptionally high danger of death from heart disease; and

23 WHEREAS, The nation's total health care costs for treatment
24 of diabetes are estimated at \$245 billion annually; more than a

1 quarter of those costs are attributable to cardiovascular disease;
2 and

3 WHEREAS, By addressing their risk factors, patients with
4 diabetes may avoid or delay the development of heart and blood
5 vessel disease; important measures include exercise, good
6 nutrition, smoking cessation, blood pressure control, lowering
7 cholesterol, and management of blood sugar and stress; and

8 WHEREAS, Medical professionals across the country are
9 working to improve health outcomes and save lives by helping
10 Americans gain greater understanding of the close connection
11 between diabetes and cardiovascular disease; now, therefore, be it

12 RESOLVED, That the House of Representatives of the 85th Texas
13 Legislature hereby recognize November 2017 as Diabetes and
14 Cardiovascular Disease Awareness Month and encourage all Texans to
15 learn more about the ways to reduce their risk factors.