By: Price H.R. No. 2692

## RESOLUTION

1 WHEREAS, Across the nation, November 2018 is being observed

2 as American Diabetes Month; and

WHEREAS, More than 29 million Americans are affected with

diabetes, the nation's seventh-leading cause of death; in type 1

5 diabetes, the body fails to produce sufficient insulin, while in

6 the vastly more common type 2 diabetes, the body cannot use insulin

7 properly; if not controlled, both forms of the illness can cause

8 spikes in blood sugar that can eventually damage nerves and blood

9 vessels, resulting in a higher risk of heart disease and stroke, as

10 well as blindness, kidney disease, and other health problems; and

11 WHEREAS, While there is currently no cure for diabetes, by

12 addressing risk factors, patients can avoid or delay the

development of type 2 diabetes and the additional health

14 complications associated with the disease; important measures

15 include exercise, good nutrition, smoking cessation, blood

16 pressure control, lowering cholesterol, and management of blood

17 sugar and stress; and

18 WHEREAS, Medical professionals across the country are

19 working to improve health outcomes and save lives by helping

20 Americans gain greater understanding of diabetes, and the monthlong

21 awareness campaign in November serves as a valuable way of

22 educating the public about this critical disease; now, therefore,

23 be it

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24 RESOLVED, That the House of Representatives of the 85th Texas

H.R. No. 2692

- 1 Legislature hereby recognize November 2018 as American Diabetes
- 2 Month and encourage all Texans to learn more about the ways to
- 3 reduce their risk factors.