

SENATE RESOLUTION NO. 694

WHEREAS, The Senate of the State of Texas is pleased to join citizens across the state in celebrating May 1 through 7, 2017, as Healthy Texas Week; and

WHEREAS, Healthy Texas Week is an annual initiative led by "IT'S TIME TEXAS" and is presented by Blue Cross and Blue Shield of Texas to encourage Texans to choose healthy items when they shop and regularly work up a sweat by getting physically active; and

WHEREAS, Two-thirds of Texas adults and more than one-third of Texas children are considered overweight or obese, and the consequences of this public health crisis are troubling; being overweight or obese increases a person's risk of severe medical conditions such as heart disease, stroke, and type 2 diabetes that affect quality of life and have widespread economic repercussions; and

WHEREAS, In addition to the direct costs of medicines, hospital stays, and treatment, the indirect costs of illnesses related to being overweight or obese, such as lost wages and productivity, are already estimated to exceed \$15 billion each year in Texas and are still increasing; and

WHEREAS, During the first week of May, businesses are encouraged to promote their employees' health by supporting physical activity and healthy food choices in the workplace; schools are called on to celebrate physical, nutritional, and emotional health in classrooms, and families, friends, and neighbors are invited to exercise together and become health-minded consumers; and

WHEREAS, A cultural shift is needed in order to make good health the norm for Texas communities, and Healthy Texas Week is helping to inspire dialogue and action among citizens at home, work, and school; now, therefore, be it

RESOLVED, That the Senate of the State of Texas, 85th Legislature, hereby recognize May 1 through 7, 2017, as Healthy Texas Week and encourage all residents of the Lone Star State to learn more about this important campaign; and, be it further

RESOLVED, That a copy of this Resolution be prepared in honor of Healthy Texas Week.

Nelson

President of the Senate

I hereby certify that the above Resolution was adopted by the Senate on April 27, 2017.

Secretary of the Senate

Member, Texas Senate