

The Texas A&M University System

Office of Benefits Administration



House Select Committee on Opioids and Substance Abuse

Opioid Addiction – Coverage, Control and Care
April 17, 2018

The Texas A&M University System



TAMUS Employees/Retirees

Covered Employees/Retirees – 23,756

Main Campus – College Station

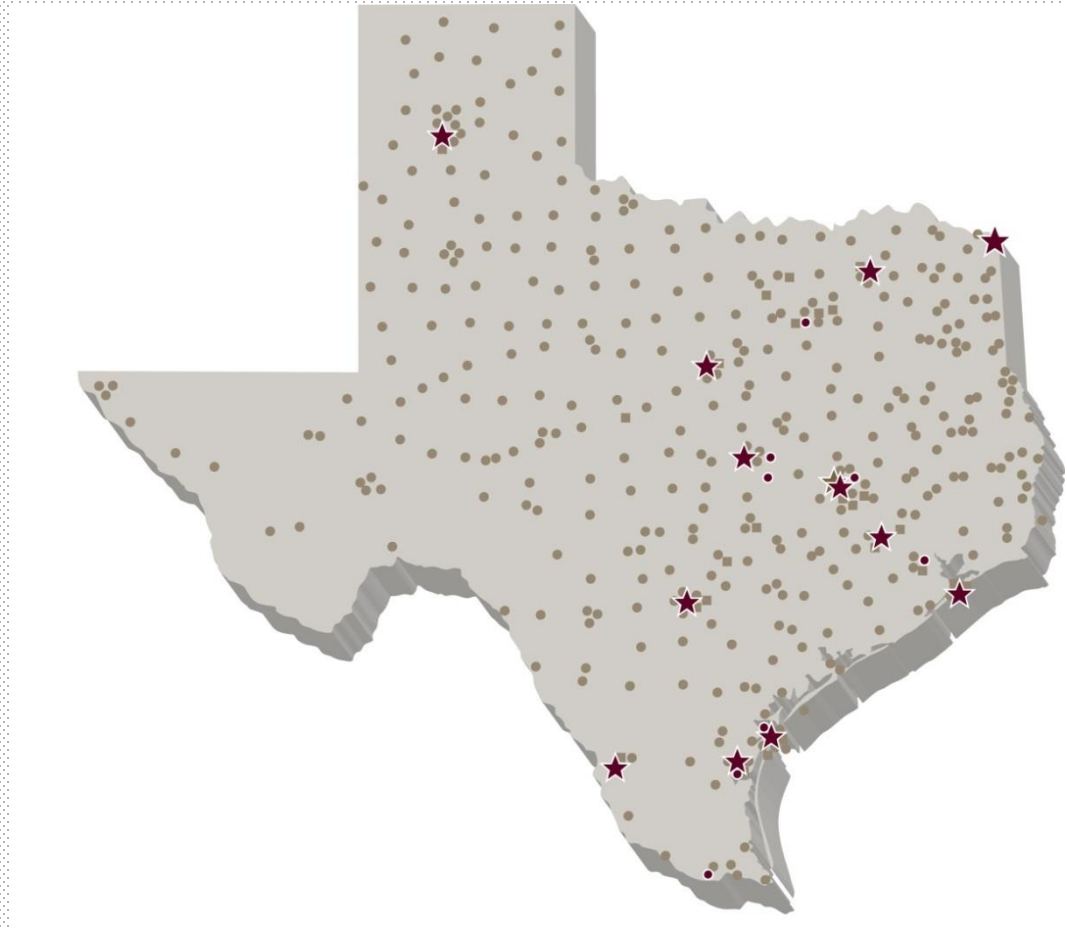
11 Universities, 7 State Agencies

Locations:

- ★ = Universities
- ● = Agrilife agencies
- ■ = Engineering agencies

Health plan - BCBSTX

RX plan – Express Scripts



Claims for Addiction/Rehab

Opioid Dependency	Cal. '16	Cal. '17
Claimants	10	7
IP admits	3	6
OP visits	189	133
Medical Paid	\$155,890	\$121,379

Through BCBSTX



Avenues for Treatment

Inpatient services include:

- **Professional Inpatient services:** Alcohol visit, drugs, drug visit, group psychotherapy, individual psychotherapy, mental health visit.
- **Facility Inpatient services:** Substance abuse, alcohol detoxification, drug detoxification, day psychiatric treatment, room and board, drugs, drug rehabilitation, detoxification room and board, group psychotherapy, individual psychotherapy, partial hospitalization (Intensive), residential treatment facility.

Outpatient services include:

- **Professional Outpatient/office services:** Drugs, group psychotherapy, intensive outpatient psychiatric service, individual psychotherapy.
- **Facility Outpatient services:** Substance abuse, alcohol detoxification, drugs, drug rehabilitation, group psychotherapy, intensive outpatient chemical dependency service, intensive outpatient psychiatric service, individual psychotherapy.



Coverage Levels

Inpatient coverage:

- Precertification is required for inpatient network facility providers
- \$400 individual deductible per contract year age 5 days and up.
- 80% of the allowance is covered.
- \$10,000 family out of pocket per contract year.
- \$5,000 individual out of pocket per contract year.

Note: The deductible is separate from the out of pocket.

Outpatient coverage:

- \$30 copay for professional services done in the office setting.
- 100% of the allowance is covered.
- \$10,000 family out of pocket per contract year.
- \$5,000 individual out of pocket per contract year.

Note: The copay is included in the out of pocket.



TAMUS Opioid Member Highlights- RX

- Total member count (incl. deps) 53,601
- Total patient count 44,212
- Total members filling opioids 9,439
- % of members filling opioids 18%
- Using long-term opioids 2,360
- *Becoming addicted* 590 *
- *Seeking treatment* 118 *
- *Possible overdose* 29 *

**predictive modeling by Express Scripts*



TAMUS Opioid Utilization from '15 – '18

	'17/'18*	'16/'17	'15/'16
• Patients w/Cancer	179	225	233
• Patients w/out Cancer	6,082	9,440	9,403
• Ptnts w/long-acting opioids	263	343	353
– Plan Cost	\$245.5K	\$499K	\$532.K
• Ptnts w/short-acting Opioids	6,202	9,611	9,591
– Plan Cost	\$172	\$347k	\$347k
– % of ptnts w/above 7-day supply	46%	42%	43%

**** Sept '17 through March '18***



Top Prescribing Physicians by Specialty

- Family Medicine
- Internal Medicine
- Anesthesiology
- Dentist
- Orthopedic Surgeon
- Emergency Medicine
- Physician Assistant



Express Scripts Opioid Program Highlights

Implemented on April 1, 2018

- Pharmacy
 - 7 day supply
 - Additional long-acting opioid prior authorization
 - Concurrent utilization review (Drs. and facilities)
 - Morphine equivalent dose
- Home
 - Educational letter & Disposal bag
- Physician – point of care alerts

