By: Thompson of Harris

H.B. No. 501

## A BILL TO BE ENTITLED

1	AN ACT
2	relating to the requirement and study of insurance coverage for
3	serious emotional disturbance of a child.
4	BE IT ENACTED BY THE LEGISLATURE OF THE STATE OF TEXAS:
5	SECTION 1. Section 1355.001, Insurance Code, is amended by
6	adding Subdivision (5) to read as follows:
7	(5) "Serious emotional disturbance of a child" means
8	an emotional or behavioral disorder or a neuropsychiatric condition
9	that causes a person's functioning to be impaired in thought,
10	perception, affect, or behavior and that:
11	(A) has been diagnosed or identified, as
12	applicable, in a person who is at least three years of age and
13	younger than 18 years of age by:
14	(i) a physician licensed to practice
15	medicine in this state and practicing within the scope of the
16	<pre>physician's license; or</pre>
17	(ii) a psychologist or licensed
18	professional counselor licensed to practice in this state and
19	practicing within the scope of the psychologist's or licensed
20	<pre>professional counselor's license; and</pre>
21	(B) meets at least one of the following criteria:
22	(i) the disorder substantially impairs the
23	person's ability in at least two of the following activities or
24	tasks:

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1	(a) self-care;
2	(b) engaging in family relationships;
3	(c) functioning in school; or
4	(d) functioning in the community;
5	(ii) the disorder creates a risk that the
6	person will be removed from the person's home and placed in a more
7	restrictive environment, including in a facility or program
8	operated by the Department of Family and Protective Services or an
9	agency that is part of the juvenile justice system;
10	(iii) the disorder causes the person to:
11	(a) display psychotic features or
12	violent behavior; or
13	(b) pose a danger to the person's self
14	or others; or
15	(iv) the disorder results in the person
16	meeting state special education eligibility requirements for
17	<pre>emotional disturbance.</pre>
18	SECTION 2. Subchapter A, Chapter 1355, Insurance Code, is
19	amended by adding Section 1355.0041 to read as follows:
20	Sec. 1355.0041. REQUIRED COVERAGE FOR SERIOUS EMOTIONAL
21	DISTURBANCE OF A CHILD. (a) Notwithstanding Section 1355.002,
22	this section does not apply to:
23	(1) a basic plan under Chapter 1575; or
24	(2) a primary care coverage plan under Chapter 1579.
25	(b) A group health benefit plan:
26	(1) must provide coverage for serious emotional
27	disturbance of a child, based on medical necessity, for not less

1 than the following treatments in each calendar year: 2 (A) 45 days of inpatient treatment; and (B) 60 visits for outpatient treatment, 3 including group and individual outpatient treatment; 4 (2) may not include a lifetime limitation on the 5 number of days of inpatient treatment or the number of visits for 6 7 outpatient treatment covered under the plan; and (3) must include the same amount limitations, 8 deductibles, copayments, and coinsurance factors for serious 9 10 emotional disturbance of a child as the plan includes for physical 11 illness. 12 (c) A group health benefit plan issuer: (1) may not count an outpatient visit for medication 13 14 management against the number of outpatient visits required to be 15 covered under Subsection (b)(1)(B); and 16 (2) must provide coverage for an outpatient visit 17 described by Subsection (b)(1)(B) under the same terms as the coverage the issuer provides for an outpatient visit for the 18 19 treatment of physical illness. (d) The department shall conduct a study to determine and 20 evaluate the extent to which enrollees are making claims under 21 coverage for serious emotional disturbance of a child and the 22 impact, if any, the coverage for serious emotional disturbance of a 23 24 child and the claims have on the cost of the coverage for group health benefit plans. 25

submit to the governor, the lieutenant governor, the speaker of the

(e) Not later than August 1, 2020, the department shall

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- 1 house of representatives, and the appropriate standing committees
- 2 of the legislature a report regarding the results of the study
- 3 required by Subsection (d), together with any recommendations for
- 4 legislation.
- 5 (f) This subsection and Subsections (d) and (e) expire
- 6 September 1, 2021.
- 7 SECTION 3. Sections 1355.005 and 1355.007, Insurance Code,
- 8 are amended to read as follows:
- 9 Sec. 1355.005. MANAGED CARE PLAN AUTHORIZED. A group
- 10 health benefit plan issuer may provide or offer coverage required
- 11 by Section 1355.004 or 1355.0041 through a managed care plan.
- 12 Sec. 1355.007. SMALL EMPLOYER COVERAGE. An issuer of a
- 13 group health benefit plan to a small employer must offer the
- 14 coverage described by Section 1355.004 or 1355.0041 to the employer
- 15 but is not required to provide the coverage if the employer rejects
- 16 the coverage.
- SECTION 4. Section 1355.054(a), Insurance Code, is amended
- 18 to read as follows:
- 19 (a) Benefits of coverage provided under this subchapter may
- 20 be used only in a situation in which:
- 21 (1) the covered individual has a serious mental
- 22 illness or serious emotional disturbance of a child as defined by
- 23 Section 1355.001 that requires confinement of the individual in a
- 24 hospital unless treatment is available through a residential
- 25 treatment center for children and adolescents or a crisis
- 26 stabilization unit; and
- 27 (2) the covered individual's mental illness or

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## 1 emotional disturbance:

- 2 (A) substantially impairs the individual's
- 3 thought, perception of reality, emotional process, or judgment; or
- 4 (B) as manifested by the individual's recent
- 5 disturbed behavior, grossly impairs the individual's behavior.
- 6 SECTION 5. The change in law made by this Act applies only
- 7 to a group health benefit plan that is delivered, issued for
- 8 delivery, or renewed on or after January 1, 2020. A group health
- 9 benefit plan that is delivered, issued for delivery, or renewed
- 10 before January 1, 2020, is governed by the law as it existed
- 11 immediately before the effective date of this Act, and that law is
- 12 continued in effect for that purpose.
- 13 SECTION 6. This Act takes effect September 1, 2019.