

R E S O L U T I O N

1           WHEREAS, Heart disease ranks as the number one cause of death  
2 for women in the United States, but 80 percent of cardiac events can  
3 be prevented; and

4           WHEREAS, An estimated 44 million U.S. women are affected by  
5 cardiovascular diseases, which, together with stroke, kill one  
6 woman every 80 seconds on average and account for a third of female  
7 deaths each year; and

8           WHEREAS, Although many women have one or more risk factors  
9 for developing heart disease, few realize that heart disease is  
10 their greatest health threat; moreover, studies have shown that  
11 women are less likely to call 911 for themselves when experiencing  
12 symptoms of a heart attack than they are to seek assistance for  
13 someone else in the same situation; and

14           WHEREAS, The American Heart Association established the Go  
15 Red For Women campaign and National Wear Red Day to promote measures  
16 that can reduce heart disease; the organization urges women to  
17 exercise, stop smoking, maintain a healthy diet, and get their  
18 blood pressure and cholesterol checked regularly; in addition, it  
19 reminds them to teach their children the importance of staying  
20 active and eating sensibly; and

21           WHEREAS, By dressing in red on National Wear Red Day,  
22 citizens can raise awareness of heart disease, help others learn to  
23 reduce their risk, and demonstrate support for more research and  
24 education focused on heart disease in women; now, therefore, be it

H.R. No. 115

1           RESOLVED, That the House of Representatives of the 86th Texas  
2 Legislature hereby recognize February 1, 2019, as National Wear Red  
3 Day and encourage all Texans to participate in this important  
4 observance.

Howard

Bonnen of Brazoria	Guerra	Oliverson
Allen	Guillen	Ortega
Allison	Gutierrez	Pacheco
Anchia	Harless	Paddie
Anderson	Harris	Parker
Ashby	Hefner	Patterson
Bailes	Hernandez	Paul
Beckley	Herrero	Perez
Bell of Kaufman	Hinojosa	Phelan
Bell of Montgomery	Holland	Price
Bernal	Howard	Ramos
Biedermann	Huberty	Raney
Blanco	Hunter	Raymond
Bohac	Israel	Reynolds
Bonnen of Galveston	E. Johnson of Dallas	Rodriguez
Bowers	J. Johnson of Dallas	Romero, Jr.
Buckley	Johnson of Harris	Rose
Bucy	Kacal	Rosenthal
Burns	King of Hemphill	Sanford
Burrows	King of Parker	Schaefer
Button	King of Uvalde	Shaheen
Cain	Klick	Sheffield
Calanni	Krause	Sherman, Sr.
Canales	Kuempel	Shine
Capriglione	Lambert	Smith
Clardy	Landgraf	Smithee
Cole	Lang	Springer
Coleman	Larson	Stephenson
Collier	Leach	Stickland
Cortez	Leman	Stucky
Craddick	Longoria	Swanson
Cyrier	Lozano	Talarico
Darby	Lucio III	Thierry
Davis of Dallas	Martinez	Thompson of Brazoria
Davis of Harris	Martinez Fischer	Thompson of Harris
Dean	Metcalf	Tinderholt
Deshotel	Meyer	Toth
Dominguez	Meza	Turner of Dallas
Dutton	Middleton	Turner of Tarrant
Farrar	Miller	VanDeaver
Flynn	Minjarez	Vo
Frank	Moody	Walle
Frullo	Morrison	White
Geren	Muñoz, Jr.	Wilson
Gervin-Hawkins	Murphy	Wray
Goldman	Murr	Wu
González of Dallas	Neave	Zedler
González of El Paso	Nevárez	Zerwas
Goodwin	Noble	Zwiener

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Speaker of the House

I certify that H.R. No. 115 was adopted by the House on January 30, 2019, by a non-record vote.

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Chief Clerk of the House