

By: Leach

H.R. No. 1203

R E S O L U T I O N

1 WHEREAS, Atrial fibrillation is the most common type of  
2 irregular heartbeat, according to the Centers for Disease Control  
3 and Prevention; and

4 WHEREAS, Approximately 95 percent of atrial fibrillation is  
5 nonvalvular, and nonvalvular AF affects an estimated 5.8 million  
6 people in the United States; the risk of stroke is five times  
7 greater for these individuals, and nonvalvular atrial fibrillation  
8 is estimated to cost \$6.65 billion per year, primarily due to the  
9 direct and indirect costs of hospitalization; and

10 WHEREAS, In Texas, stroke was the third-leading cause of  
11 death as of 2015, with a prevalence of three percent among persons  
12 18 years of age and older; it also disproportionately affects  
13 non-Hispanic blacks, who are significantly more likely to die from  
14 stroke than whites; and

15 WHEREAS, Risk factors for atrial fibrillation include high  
16 blood pressure, heart failure, diabetes, advanced age,  
17 hyperthyroidism, and heart disease; in addition, many modifiable  
18 lifestyle behaviors can lead to a stroke, among them physical  
19 inactivity, tobacco use, poor diet, and heavy alcohol consumption;  
20 and

21 WHEREAS, Atrial fibrillation is an extremely serious health  
22 issue, but outcomes can be improved with heightened awareness of  
23 the condition and effective measures for treatment and prevention;  
24 now, therefore, be it

1           RESOLVED, That the House of Representatives of the 86th Texas  
2 Legislature hereby recognize September 2019 as Atrial Fibrillation  
3 Awareness Month and commend the Texas Department of State Health  
4 Services, the Texas Council on Cardiovascular Disease and Stroke,  
5 and the Texas Heart Attack and Stroke Data Collaborative for their  
6 efforts to address atrial fibrillation.