By: Watson

A BILL TO BE ENTITLED

AN ACT

2 relating to consideration of the mental health of public school students in training requirements for certain school employees, 3 requirements, counseling programs, 4 curriculum educational 5 programs, state and regional programs and services, and health care services for students and to mental health first aid program 6 7 training and reporting regarding local mental health authority and school district personnel. 8

9 BE IT ENACTED BY THE LEGISLATURE OF THE STATE OF TEXAS:

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ARTICLE 1. MENTAL HEALTH OF STUDENTS IN PUBLIC SCHOOLS

11 SECTION 1.01. Section 5.001, Education Code, is amended by 12 adding Subdivision (9) to read as follows:

13 (9) "Substance abuse" means a patterned use of a substance, including a controlled substance, as defined by Chapter 481, Health and Safety Code, and alcohol, in which the person consumes the substance in amounts or with methods that are harmful to the person's self or to others.

18 SECTION 1.02. Section 11.252(a), Education Code, is amended 19 to read as follows:

20 (a) Each school district shall have a district improvement 21 plan that is developed, evaluated, and revised annually, in 22 accordance with district policy, by the superintendent with the 23 assistance of the district-level committee established under 24 Section 11.251. The purpose of the district improvement plan is to

1 guide district and campus staff in the improvement of student 2 performance for all student groups in order to attain state 3 standards in respect to the achievement indicators adopted under 4 Section 39.053(c). The district improvement plan must include 5 provisions for:

6 (1) a comprehensive needs assessment addressing 7 district student performance on the achievement indicators, and 8 other appropriate measures of performance, that are disaggregated by all student groups served by the district, including categories 9 10 of ethnicity, socioeconomic status, sex, and populations served by special programs, including students in special education programs 11 12 under Subchapter A, Chapter 29;

(2) measurable district performance objectives for 13 14 all appropriate achievement indicators for all student populations, including students in special education programs 15 under Subchapter A, Chapter 29, and other measures of student 16 17 performance that may be identified through the comprehensive needs 18 assessment;

19 (3) strategies for improvement of student performance20 that include:

(A) instructional methods for addressing the
 needs of student groups not achieving their full potential;

(B) methods for addressing the needs of studentsfor special programs, including:

25 (i) suicide prevention programs, in
26 accordance with Subchapter <u>G</u> [O-1], Chapter <u>38</u> [161, Health and
27 Safety Code], which <u>include</u> [includes] a parental or guardian

1 notification procedure; 2 (ii) conflict resolution programs; 3 (iii) violence prevention programs; and (iv) dyslexia treatment programs; 4 5 (C) dropout reduction; 6 (D) integration of technology in instructional 7 and administrative programs; 8 (E) positive behavior interventions and support, including interventions and support that integrate best practices 9 10 on grief-informed and trauma-informed care [discipline management]; 11 staff development for professional staff of 12 (F) the district; 13 (G) career education to assist students 14 in developing the knowledge, skills, and competencies necessary for a 15 broad range of career opportunities; [and] 16 17 (H) accelerated education; and (I) implementation of a comprehensive school 18 19 counseling program under Section 33.005; 20 strategies for providing to elementary school, (4)middle school, junior high school, and high school students, those 21 22 students' teachers and school counselors, and those students' 23 parents information about: 24 (A) higher education admissions and financial 25 aid opportunities, including state financial aid opportunities 26 such as[+ $\left[\begin{array}{c} \textbf{(B)} \end{array}\right]$ the TEXAS grant program and the Teach for 27

1 Texas grant program established under Chapter 56;

2 (B) [(C)] the need for students to make informed 3 curriculum choices to be prepared for success beyond high school; 4 and

5 <u>(C)</u> [(D)] sources of information on higher 6 education admissions and financial aid;

7 (5) resources needed to implement identified 8 strategies;

9 (6) staff responsible for ensuring the accomplishment10 of each strategy;

11 (7) timelines for ongoing monitoring of the 12 implementation of each improvement strategy;

13 (8) formative evaluation criteria for determining 14 periodically whether strategies are resulting in intended 15 improvement of student performance; and

16 (9) the policy under Section 38.0041 addressing sexual17 abuse and other maltreatment of children.

18 SECTION 1.03. Section 21.044(c-1), Education Code, is 19 amended to read as follows:

20 (c-1) Any minimum academic qualifications for a certificate 21 specified under Subsection (a) that require a person to possess a 22 bachelor's degree must also require that the person receive, as 23 part of the training required to obtain that certificate, 24 instruction regarding mental health, substance abuse, and youth 25 suicide. The instruction required must:

26 (1) be provided through:

27 (A) a program selected from the list of

1 recommended best practice-based programs and research-based
2 practices established under Section <u>38.351; or</u>

3 (B) a course offered by any accredited public or 4 private postsecondary educational institution as part of a degree 5 program [161.325, Health and Safety Code]; and

6 (2) include effective strategies [for teaching and 7 intervening with students with mental or emotional disorders], 8 including de-escalation techniques and positive behavioral 9 interventions and supports, for teaching and intervening with 10 students with mental health conditions or who engage in substance 11 abuse.

SECTION 1.04. Sections 21.054(d), (d-2), (e), (e-2), (f), and (g), Education Code, are amended to read as follows:

14 (d) Continuing education requirements for a classroom 15 teacher must provide that <u>at least</u> [not more than] 25 percent of the 16 training required every five years include instruction regarding:

17 (1) collecting and analyzing information that will18 improve effectiveness in the classroom;

19 (2) recognizing early warning indicators that a20 student may be at risk of dropping out of school;

(3) digital learning, digital teaching, andintegrating technology into classroom instruction;

(4) educating diverse student populations, including:
 (A) students <u>who are eligible to participate in</u>
 <u>special education programs under Subchapter A, Chapter 29</u> [with
 <u>disabilities, including mental health disorders</u>];

27 (B) <u>students who are eligible to receive</u>

educational services required under Section 504, Rehabilitation 1 Act of 1973 (29 U.S.C. Section 794); 2 3 (C) students with mental health conditions or who engage in substance abuse; 4 5 (D) students who are educationally 6 disadvantaged; 7 limited (E) [(C)] students of English 8 proficiency; and 9 (F) [(D)] students at risk of dropping out of school; [and] 10 11 (5) understanding appropriate relationships, 12 boundaries, and communications between educators and students; 13 and [-]14 (6) [(d-2) Continuing education requirements for a 15 classroom teacher may include instruction regarding] how mental health conditions, including grief and trauma, affect student 16 17 learning and behavior and how evidence-based, grief-informed, and trauma-informed strategies support the academic success of 18 19 students affected by grief and trauma. (d-2) The instruction required under Subsection (d)(6) must 20 be: 21 22 (1) based on relevant best practice-based programs and research-based practices; and 23 24 (2) approved by the commissioner, in consultation with the Health and Human Services Commission. 25 26 (e) Continuing education requirements for a principal must provide that at least [not more than] 25 percent of the training 27

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1 required every five years include instruction regarding: 2 (1)effective and efficient management, including: 3 (A) collecting and analyzing information; making decisions and managing time; and 4 (B) 5 supervising student discipline and managing (C) behavior; 6 7 (2) recognizing early warning indicators that а 8 student may be at risk of dropping out of school; 9 (3) digital learning, digital teaching, and 10 integrating technology into campus curriculum and instruction; effective implementation of a comprehensive 11 (4) 12 school counseling program under Section 33.005; (5) mental health programs addressing a mental health 13 14 condition; 15 (6) educating diverse student populations, including: 16 students who are eligible to participate in (A) 17 special education programs under Subchapter A, Chapter 29 [with disabilities, including mental health disorders]; 18 19 (B) students with intellectual or developmental 20 disabilities; 21 (C) students who are eligible to receive educational services required under Section 504, Rehabilitation 22 Act of 1973 (29 U.S.C. Section 794); 23 24 (D) students with mental health conditions or who 25 engage in substance abuse; 26 (E) students who are educationally 27 disadvantaged;

S.B. No. 913 1 (F) [(C)] students of limited English proficiency; and 2 3 (G) [(D)] students at risk of dropping out of school; [and] 4 5 (7) [(5)] preventing, recognizing, and reporting any sexual conduct between an educator and student that is prohibited 6 under Section 21.12, Penal Code, or for which reporting is required 7 8 under Section 21.006 of this code; and [-]9 (8) [(e-2) Continuing education requirements for a 10 principal may include instruction regarding] how mental health conditions, including grief and trauma, affect student learning and 11 12 behavior and how evidence-based, grief-informed, and 13 trauma-informed strategies support the academic success of students affected by grief and trauma. 14 15 (e-2) The instruction required under Subsection (e)(8) must 16 be: 17 (1) based on relevant best practice-based programs and research-based practices; and 18 19 (2) approved by the commissioner, in consultation with the Health and Human Services Commission. 20 21 (f) Continuing education requirements for a counselor must provide that at least [not more than] 25 percent of training 22 23 required every five years include instruction regarding: 24 (1) assisting students in developing high school 25 graduation plans; 26 (2) implementing dropout prevention strategies; [and] 27 informing students concerning: (3)

1 (A) college admissions, including college 2 financial aid resources and application procedures; and 3 (B) career opportunities; 4 (4) counseling students concerning mental health conditions and substance abuse, including through the use of 5 grief-informed and trauma-informed interventions and 6 crisis 7 management and suicide prevention strategies; and 8 (5) effective implementation of a comprehensive school counseling program under Section 33.005. 9 The board shall adopt rules that allow an educator to 10 (g) fulfill [up to 12 hours of] continuing education requirements by 11 participating in a mental health first aid training program offered 12 by a local mental health authority under Section 1001.203, Health 13 14 and Safety Code. The rules adopted under this subsection must allow 15 an educator to complete a mental health first aid training program described by this subsection and receive credit toward continuing 16 17 education requirements for twice the number of hours of instruction provided under that program, not to exceed 16 hours. The program 18 must be offered through a classroom instruction format that 19 requires in-person attendance. [The number of hours of continuing 20 21 education an educator may fulfill under this subsection may not exceed the number of hours the educator actually spends 22 participating in a mental health first aid training program.] 23 24 SECTION 1.05. Sections 21.451(d) and (d-1), Education Code, are amended to read as follows: 25

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26 (d) The staff development:

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(1) may include training in:

1 (A) technology; 2 positive behavior intervention and support (B) 3 [conflict resolution; 4 [(C) discipline] strategies, including classroom 5 management, district discipline policies, and the student code of conduct adopted under [Section 37.001 and] Chapter 37; 6 7 [(D) preventing, identifying, responding to, and 8 reporting incidents of bullying;] and 9 (C) [(E)] digital learning; (2) subject to Subsection (e) and to Section 21.3541 10 and rules adopted under that section, must include training that is 11 12 evidence-based, as defined by Section 8101, Every Student Succeeds Act (20 U.S.C. Section 7801), and that: 13 14 (A) relates to instruction of students with 15 disabilities, including students with disabilities who also have other intellectual or mental health conditions; and 16 (B) is designed for educators who work primarily 17 outside the area of special education; and 18 19 (3) must include [suicide prevention] training on: (A) suicide prevention; 20 21 (B) recognizing signs of mental health 22 conditions and substance abuse; 23 (C) strategies for establishing and maintaining 24 positive relationships among students, including conflict 25 resolution; 26 (D) how grief and trauma affect student learning and behavior and how evidence-based, grief-informed, and 27

trauma-informed strategies support the academic success of 1 students affected by grief and trauma; and 2 3 (E) preventing, identifying, responding to, and reporting incidents of bullying. 4 5 (d-1) The training required by Subsection (d)(3) [that] 6 must: 7 (1) be provided: 8 (A) on an annual basis, as part of a new employee orientation, to all new school district and open-enrollment charter 9 10 school educators; and existing school 11 (B) to district and 12 open-enrollment charter school educators on a schedule adopted by the agency by rule; and [-,]13 14 (2) [(d-1) The suicide prevention training required 15 by Subsection (d)(3) must] use a best practice-based program recommended by the Health and Human Services Commission [Department 16 17 of State Health Services] in coordination with the agency under Section 38.351 [161.325, Health and Safety Code]. 18 SECTION 1.06. Section 21.462, Education Code, is amended to 19 read as follows: 20 21 Sec. 21.462. RESOURCES REGARDING STUDENTS WITH MENTAL HEALTH OR SUBSTANCE ABUSE CONDITIONS [NEEDS]. The agency, in 22 coordination with the Health and Human Services Commission, shall 23 24 establish and maintain an Internet website to provide resources for school district or open-enrollment charter school employees 25 26 regarding working with students with mental health conditions or who engage in substance abuse. The agency must include on the 27

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S.B. No. 913 Internet website information about: 1 2 (1) grief-informed and trauma-informed practices; building skills related to managing emotions, 3 (2) establishing and maintaining positive relationships, 4 and 5 responsible decision-making; 6 (3) positive behavior interventions and supports; and 7 (4) a safe and supportive school climate. 8 SECTION 1.07. Sections 28.002(a) and (r), Education Code, are amended to read as follows: 9 Each school district that offers kindergarten through 10 (a) grade 12 shall offer, as a required curriculum: 11 a foundation curriculum that includes: 12 (1)English language arts; 13 (A) 14 (B) mathematics; 15 (C) science; and 16 social studies, consisting of Texas, United (D) 17 States, and world history, government, economics, with emphasis on the free enterprise system and its benefits, and geography; and 18 (2) an enrichment curriculum that includes: 19 20 (A) to the extent possible, languages other than English; 21 22 health, with emphasis on: (B) 23 (i) physical health, including the 24 importance of proper nutrition and exercise; and 25 (ii) mental health, including instruction about mental health conditions, substance abuse, skills to manage 26 emotions, establishing and maintaining positive relationships, and 27

1 responsible decision-making; 2 physical education; (C) 3 (D) fine arts; career and technology education; 4 (E) 5 technology applications; (F) religious literature, including the Hebrew 6 (G) 7 Scriptures (Old Testament) and New Testament, and its impact on 8 history and literature; and 9 (H) personal financial literacy. 10 (r) In adopting the essential knowledge and skills for the health curriculum under Subsection (a)(2)(B), the State Board of 11 Education shall adopt essential knowledge and skills that address 12 science, risk factors, causes, 13 the dangers, [causes,] 14 consequences, signs, symptoms, and treatment of substance abuse, 15 including the use of illegal drugs, abuse of prescription drugs, abuse of alcohol such as by binge drinking or other excessive 16 17 drinking resulting in [and] alcohol poisoning, inhaling solvents, and other forms of substance abuse. The agency shall compile a list 18 of evidence-based <u>substance abuse</u> [alcohol] awareness programs 19 from which a school district shall choose a program to use in the 20 district's middle school, junior high school, and high school 21 health curriculum. In this subsection, "evidence-based substance 22 <u>abuse</u> [alcohol] awareness program" means a program, practice, or 23 24 strategy that has been proven to effectively prevent substance abuse [or delay alcohol use] among students, as determined by 25 26 evaluations that are evidence-based [use valid and reliable measures and that are published in peer-reviewed journals]. 27

S.B. No. 913 SECTION 1.08. Sections 28.004(c), (d), and (k), Education 1 Code, are amended to read as follows: 2 3 (c) The local school health advisory council's duties include recommending: 4 5 (1) the number of hours of instruction to be provided 6 in: 7 (A) health education in kindergarten through 8 grade eight; and (B) if the school district requires health 9 education for high school graduation, health education, including 10 physical health education and mental health education, in grades 9 11 12 through 12; policies, procedures, strategies, and curriculum 13 (2) 14 appropriate for specific grade levels designed to prevent physical health concerns, including obesity, cardiovascular disease, Type 2 15 diabetes, and mental health concerns through coordination of: 16 17 (A) health education, which must address physical health concerns and mental health concerns to ensure the 18 integration of physical health education and mental health 19 20 education; 21 (B) physical education and physical activity; nutrition services; 22 (C) 23 parental involvement; (D) 24 instruction on substance abuse prevention (E) [to prevent the use of e-cigarettes, as defined by Section 161.081, 25 26 Health and Safety Code, and tobacco]; 27 (F) school health services, including mental

1 health services; 2 (G) a comprehensive school counseling program under Section 33.005 [and guidance services]; 3 (H) a safe and healthy school environment; and 4 5 school employee wellness; (I) (3) appropriate grade levels 6 and methods of 7 instruction for human sexuality instruction; 8 (4)strategies for integrating the curriculum components specified by Subdivision (2) with the following elements 9 10 in a coordinated school health program for the district: school health services, including physical 11 (A) 12 health services and mental health services, if provided at a campus by the district or by a third party under a contract with the 13 district; 14 15 (B) a comprehensive school counseling program under Section 33.005 [and guidance services]; 16 17 (C) a safe and healthy school environment; and school employee wellness; and 18 (D) if feasible, joint use agreements or strategies 19 (5) for collaboration between the school district and community 20 organizations or agencies. 21 (d) The board of trustees shall appoint at least five 22 23 members to the local school health advisory council. A majority of 24 the members must be persons who are parents of students enrolled in the district and who are not employed by the district. One of those 25 26 members shall serve as chair or co-chair of the council. The board of trustees also may appoint one or more persons from each of the 27

S.B. No. 913 1 following groups or a representative from a group other than a group specified under this subsection: 2 3 (1)classroom [public school] teachers employed by the 4 district; 5 (2) school counselors certified under Subchapter B, Chapter 21, employed by the district; 6 7 [public] school administrators employed by the (3) 8 district; 9 (4) [(3)] district students; 10 (5) [(4)] health care professionals licensed or certified to practice in this state, including medical or mental 11 12 health professionals; (6) [(5)] the business community; 13 14 (7) [(6)] law enforcement; 15 (8) [(7)] senior citizens; (9) [(8)] the clergy; 16 17 (10) [(9)] nonprofit health organizations; and (11) [(10)] local domestic violence programs. 18 19 (k) A school district shall publish in the student handbook and post on the district's Internet website, if the district has an 20 21 Internet website: 22 (1) a statement of the policies and procedures adopted to promote the physical health and mental health of students, the 23 24 physical health and mental health resources available at each campus, contact information for the nearest providers of essential 25 26 public health services under Chapter 121, Health and Safety Code, and the contact information for the nearest local mental health 27

1 authority;

2 (2) a statement of the policies adopted to ensure that 3 elementary school, middle school, and junior high school students 4 engage in at least the amount and level of physical activity 5 required by Section 28.002(1);

6

(3) $\left[\frac{(2)}{(2)}\right]$ a statement of:

7 (A) the number of times during the preceding year8 the district's school health advisory council has met;

9 (B) whether the district has adopted and enforces 10 policies to ensure that district campuses comply with agency 11 vending machine and food service guidelines for restricting student 12 access to vending machines; and

(C) whether the district has adopted and enforces policies and procedures that prescribe penalties for the use of e-cigarettes, as defined by Section 38.006, and tobacco products by students and others on school campuses or at school-sponsored or school-related activities; and

18 (4) [(3)] a statement providing notice to parents that 19 they can request in writing their child's physical fitness 20 assessment results at the end of the school year.

21 SECTION 1.09. Section 29.012(d), Education Code, is amended 22 to read as follows:

(d) The <u>agency</u> [Texas Education Agency], the <u>Health and</u>
Human Services Commission, the Texas Workforce Commission, and the
Department of Family and Protective Services [Texas Department of
Mental Health and Mental Retardation, the Texas Department of Human
Services, the Texas Department of Health, the Department of

Protective and Regulatory Services, the Interagency Council on 1 Early Childhood Intervention, the Texas Commission on Alcohol and 2 Drug Abuse, and the Texas Juvenile Justice Department] by a 3 cooperative effort shall develop and by rule adopt a memorandum of 4 5 understanding. The memorandum must: 6 (1) establish the respective responsibilities of 7 school districts and of residential facilities for the provision of 8 free, appropriate public education, as required by the Individuals with Disabilities Education Act (20 U.S.C. Section 1400 9 10 et seq.) and its subsequent amendments, including each requirement for children with disabilities who reside in those facilities; 11 12 (2) coordinate regulatory and planning functions of 13 the parties to the memorandum; 14 (3) establish criteria for determining when a public 15 school will provide educational services; (4) provide for appropriate educational space when 16 17 education services will be provided at the residential facility; (5) establish measures designed to ensure the safety 18 of students and teachers; and 19 provide for binding arbitration consistent with 20 (6) Chapter 2009, Government Code, and Section 154.027, Civil Practice 21 and Remedies Code. 22 30.0015(b), Education 23 SECTION 1.10. Section Code, is 24 amended to read as follows: agency by rule shall develop 25 (b) The and annually 26 disseminate standards for a school district's transfer of an assistive technology device to an entity listed in this subsection 27

when a student with a disability using the device changes the school of attendance in the district or ceases to attend school in the district that purchased the device and the student's parents, or the student if the student has the legal capacity to enter into a contract, agrees to the transfer. The device may be transferred to: (1) the school or school district in which the student

7 enrolls;

8 (2) a state agency, including the <u>Health and Human</u> 9 <u>Services</u> [Texas Rehabilitation] Commission and the Texas <u>Workforce</u> 10 <u>Commission</u> [Department of Mental Health and Mental Retardation], 11 that provides services to the student following the student's 12 graduation from high school; or

13 (3) the student's parents, or the student if the14 student has the legal capacity to enter into a contract.

15 SECTION 1.11. Section 30.002(b), Education Code, is amended 16 to read as follows:

17 (b) The agency shall:

(1) develop standards and guidelines for all special
education services for children with visual impairments that it is
authorized to provide or support under this code;

(2) supervise regional education service centers and other entities in assisting school districts in serving children with visual impairments more effectively;

24 (3) develop and administer special education services
25 for students with both serious visual and auditory impairments;

(4) evaluate special education services provided for
 children with visual impairments by school districts and approve or

1 disapprove state funding of those services; and

(5) maintain an effective liaison between special 2 3 education programs provided for children with visual impairments by school districts and related initiatives of the Health and Human 4 Services Commission [Department of Assistive and Rehabilitative 5 Services Division for Blind Services], the Department of State 6 Health Services Mental Health and Substance Abuse Division, the 7 8 Texas Workforce Commission [School for the Blind and Visually Impaired], and other related programs, agencies, or facilities as 9 10 appropriate.

11 SECTION 1.12. Section 33.004(b), Education Code, is amended 12 to read as follows:

Each school, before implementing a comprehensive school 13 (b) 14 [and developmental guidance and] counseling program under Section 15 <u>33.005</u>, shall annually conduct a preview of the program for parents and guardians. All materials, including curriculum to be used 16 17 during the year, must be available for a parent or guardian to preview during school hours. Materials or curriculum not included 18 19 in the materials available on the campus for preview may not be used. 20

21 SECTION 1.13. Section 33.005, Education Code, is amended to 22 read as follows:

23 Sec. 33.005. <u>COMPREHENSIVE SCHOOL</u> [DEVELOPMENTAL GUIDANCE 24 AND] COUNSELING PROGRAMS. A school counselor shall work with the 25 school faculty and staff, students, parents, and the community to 26 plan, implement, and evaluate a <u>comprehensive school</u> 27 [<u>developmental guidance and</u>] counseling program that conforms to

the most recent edition of the Texas Model for Comprehensive School 1 Counseling Programs developed by the Texas Counseling Association. 2 [The school counselor shall design the program to include: 3 4 [(1) a guidance curriculum to help students develop their full educational potential, including the student's 5 interests and career objectives; 6 7 [(2) a responsive services component to intervene on 8 behalf of any student whose immediate personal concerns or problems put the student's continued educational, career, personal, or 9 10 social development at risk; [(3) an individual planning system to guide a student 11 12 as the student plans, monitors, and manages the student's own educational, career, personal, and social development; and 13 14 [(4) system support to support the efforts -of teachers, staff, parents, and other members of the community in 15 promoting the educational, career, personal, and social 16 17 development of students.] SECTION 1.14. Subchapter A, Chapter 38, Education Code, is 18 19 amended by adding Section 38.0101 to read as follows: Sec. 38.0101. AUTHORITY TO EMPLOY OR CONTRACT WITH 20 21 NONPHYSICIAN MENTAL HEALTH PROFESSIONAL. (a) A school district 22 may employ or contract with one or more nonphysician mental health professionals. 23 24 (b) In this section, "nonphysician mental health 25 professional" means: 26 (1) a psychologist licensed to practice in this state 27 and designated as a health-service provider;

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S.B. No. 913 1 (2) a registered nurse with a master's or doctoral 2 degree in psychiatric nursing; 3 (3) a licensed clinical social worker; 4 (4) a professional counselor licensed to practice in 5 this state; or 6 (5) a marriage and family therapist licensed to 7 practice in this state. 8 SECTION 1.15. Section 38.013(a), Education Code, is amended to read as follows: 9 10 (a) The agency shall make available to each school district one or more coordinated health programs [designed to prevent 11 obesity, cardiovascular disease, oral diseases, and Type 2 12 diabetes] in elementary school, middle school, and junior high 13 school [students]. Each program must provide for coordinating 14 15 education and services related to: (1) <u>physical</u> health education, including <u>pr</u>ograms 16 17 designed to prevent obesity, cardiovascular disease, oral diseases, and Type 2 diabetes and programs designed to promote the 18 19 role of proper nutrition [oral health education]; mental health education, including education 20 (2) about mental health conditions, mental health well-being, skills to 21 manage emotions, establishing and maintaining positive 22 relationships, and responsible decision-making; 23 (3) substance abuse education, including education 24 about alcohol abuse, prescription drug abuse, and abuse of other 25 26 controlled substances; 27 (4) physical education and physical activity; and

S.B. No. 913 1 (5) [(3) nutrition services; and [(4)] parental involvement. 2 SECTION 1.16. Sections 38.016(a) and (c), Education Code, 3 are amended to read as follows: 4 5 (a) In this section: 6 (1) "Nonphysician mental health professional" has the 7 meaning assigned by Section 38.0101. 8 (2) "Parent" includes a guardian or other person standing in parental relation. 9 10 (3) [(2)] "Psychotropic drug" means a substance that is: 11 12 (A) used in the diagnosis, treatment, or prevention of a disease or as a component of a medication; and 13 14 (B) intended to have an altering effect on 15 perception, emotion, or behavior. (c) Subsection (b) does not: 16 17 (1) prevent an appropriate referral under the child find system required under 20 U.S.C. Section 1412, as amended; [or] 18 19 (2) prohibit a school district employee, or an employee of an entity with which the district contracts, who is a 20 registered nurse, advanced nurse practitioner, physician, or 21 nonphysician mental health professional licensed or certified to 22 practice in this state [or appropriately credentialed mental health 23 professional] from recommending that a child be evaluated by a 24 physician or nonphysician mental health professional [an 25 26 appropriate medical practitioner]; or 27 (3) prohibit a school employee from discussing any

S.B. No. 913 aspect of a child's behavior or academic progress with the child's 1 parent or another school district employee. 2 SECTION 1.17. Section 38.051(b), Education Code, is amended 3 to read as follows: 4 5 (b) On the recommendation of advisory an council established under Section 38.058 or on the initiative of the board 6 of trustees or the governing body of an open-enrollment charter 7 8 school, a school district or open-enrollment charter school may establish a school-based health center at one or more campuses [in 9 the district] to meet the health care needs of students and their 10 families. 11 SECTION 1.18. Section 38.054, Education Code, is amended to 12 read as follows: 13 Sec. 38.054. CATEGORIES OF 14 SERVICES. The permissible 15 categories of services are: 16 family and home support; (1) 17 (2) physical health care, including immunizations; (3) dental health care; 18 (4) health education; [and] 19 (5) preventive health strategies; 20 21 (6) treatment for mental health conditions; and (7) treatment for substance abuse. 22 SECTION 1.19. Section 38.057(b), Education Code, is amended 23 24 to read as follows: 25 (b) If it is determined that a student is in need of a 26 referral for physical health services or mental health services, the staff of the center shall notify the person whose consent is 27

1 required under Section 38.053 verbally and in writing of the basis 2 for the referral. The referral may not be provided unless the 3 person provides written consent for the type of service to be 4 provided and provides specific written consent for each treatment 5 occasion <u>or for a course of treatment that includes multiple</u> 6 treatment occasions of the same type of service.

7 SECTION 1.20. Section 38.058, Education Code, is amended to 8 read as follows:

Sec. 38.058. HEALTH EDUCATION AND HEALTH CARE ADVISORY 9 10 COUNCIL. (a) The board of trustees of a school district or the governing body of an open-enrollment charter school may establish 11 12 and appoint members to a local health education and health care advisory council to make recommendations to the district or school 13 14 on the establishment of school-based health centers and to assist 15 the district or school in ensuring that local community values are reflected in the operation of each center and in the provision of 16 17 health education.

(b) A majority of the members of the council must be parents of students enrolled in the <u>school</u> district <u>or open-enrollment</u> <u>charter school</u>. In addition to the appointees who are parents of students, the board of trustees <u>or governing body</u> shall also appoint at least one person from each of the following groups:

23

<u>classroom</u> teachers;

24

25 (3) <u>school counselors;</u>

(2)

26 <u>(4)</u> [licensed] health care professionals <u>licensed or</u>
27 <u>certified to practice in this state</u>;

school administrators;

1 (5) [(4)] the clergy; 2 (6) [(5)] law enforcement; 3 (7) [(6)] the business community; (8) [(7)] senior citizens; and 4 (9) [(8)] students. 5 SECTION 1.21. Subchapter B, Chapter 38, Education Code, is 6 7 amended by adding Section 38.0591 to read as follows: 8 Sec. 38.0591. ACCESS TO MENTAL HEALTH SERVICES. The agency, in cooperation with the Health and Human Services 9 10 Commission, shall develop guidelines for school districts regarding: 11 (1) partnering with a local mental health authority 12 and with community or other private mental health services 13 providers and substance abuse services providers to increase 14 15 student access to school-based mental health services; and 16 (2) obtaining school-based mental health services 17 through the medical assistance program under Chapter 32, Human Resources Code. 18 SECTION 1.22. Section 38.060(c), Education Code, is amended 19 to read as follows: 20 (c) The school district or open-enrollment charter school 21 [council] shall keep a record of efforts made to coordinate with 22 23 existing providers. 24 SECTION 1.23. Subchapter O-1, Chapter 161, Health and Safety Code, as amended by Chapter 522 (S.B. 179) and Chapter 714 25 26 (H.B. 4056), Acts of the 85th Legislature, Regular Session, 2017, is transferred to Chapter 38, Education Code, redesignated as 27

Subchapter G, Chapter 38, Education Code, reenacted, and amended to
 read as follows:

3 SUBCHAPTER <u>G</u> [O=1]. MENTAL HEALTH, SUBSTANCE ABUSE, AND YOUTH
 4 SUICIDE

[161.325]. 5 Sec. 38.351 MENTAL HEALTH PROMOTION AND INTERVENTION, SUBSTANCE ABUSE PREVENTION AND INTERVENTION, AND 6 SUICIDE PREVENTION. (a) The <u>agency</u> [department], in coordination 7 8 with the <u>Health and Human Services Commission</u> [Texas Education Agency] and regional education service centers, shall provide and 9 10 annually update a list of recommended best practice-based programs and research-based practices in the areas specified under 11 Subsection (c) [(a-1)] for implementation in public elementary, 12 junior high, middle, and high schools within the general education 13 14 setting.

15 (b) Each school district may select from the list <u>provided</u> 16 <u>under Subsection (a)</u> a program or programs appropriate for 17 implementation in the district.

18 (c) [(a=1)] The list provided under Subsection (a) must 19 include programs and practices in the following areas:

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early mental health intervention;

(2) building skills related to managing emotions, establishing and maintaining positive relationships, and responsible decision-making;

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[(2) mental health promotion;]

25 (3) substance abuse prevention and intervention;

(4) [substance abuse intervention;

27 [(5)] suicide prevention;

(5) [(6) trauma-informed practices; 1 [(6)] grief-informed and trauma-informed practices; 2 (6) [(7) building skills related 3 to managing emotions, establishing and maintaining positive relationships, and 4 5 responsible decision-making; [(7)] positive school climates; [and] 6 7 (7) [(8)] positive behavior interventions and 8 supports; [positive behavior interventions and 9 (8)10 and] positive youth development; and 11 (9) safe and supportive school climate. 12 (d) [(a-2) The department, the Texas Education Agency, and each regional education service center shall make the list easily 13 accessible on their websites. 14 15 [(a=3)] For purposes of Subsection <u>(c)</u> [(a=1)], "school climate" means the quality and character of school life, including 16 17 interpersonal relationships, teaching and learning practices, and organizational structures, as experienced by students enrolled in 18 the school district, parents of those students, and personnel 19 employed by the district. 20 21 (e) [(b)] The suicide prevention programs on the list provided under Subsection (a) must include components that provide 22 for training <u>school</u> counselors, teachers, nurses, administrators, 23 24 and other staff, as well as law enforcement officers and social workers who regularly interact with students, to: 25 of 26 (1) recognize students at risk attempting

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[committing] suicide, including students who are or may be the

1 victims of or who engage in bullying;

2 (2) recognize students displaying early warning signs 3 and a possible need for early mental health or substance abuse 4 intervention, which warning signs may include declining academic 5 performance, depression, anxiety, isolation, unexplained changes 6 in sleep or eating habits, and destructive behavior toward self and 7 others; and

8 (3) intervene effectively with students described by 9 Subdivision (1) or (2) by providing notice and referral to a parent 10 or guardian so appropriate action, such as seeking mental health or 11 substance abuse services, may be taken by a parent or guardian.

12 (f) [(c)] In developing the list of best practice-based 13 programs and research-based practices, the <u>agency</u> [department] and 14 the <u>Health and Human Services Commission</u> [Texas Education Agency] 15 shall consider:

16 (1) any existing suicide prevention method developed 17 by a school district; and

18 (2) any Internet or online course or program developed
19 in this state or another state that is based on best practices
20 recognized by the Substance Abuse and Mental Health Services
21 Administration or the Suicide Prevention Resource Center.

(g) [(c-1)] Except 22 as otherwise provided by this 23 subsection, each school district shall provide training described 24 in the components set forth under Subsection (e) [(b)] for teachers, school counselors, principals, and all other appropriate 25 26 personnel. A school district is required to provide the training at an elementary school campus only to the extent that sufficient 27

funding and programs are available. A school district may implement a program on the list to satisfy the requirements of this

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2 implement a program on the list to satisfy the requirements of this 3 subsection.

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4 (h) [(c=2)] If a school district provides the training 5 under Subsection (g) [(c=1)]:

6 (1) a school district employee described under that 7 subsection must participate in the training at least one time; and

8 (2) the school district shall maintain records that 9 include the name of each district employee who participated in the 10 training.

11 (i) [(d)] A school district <u>shall</u> [may] develop practices 12 and procedures concerning each area listed in Subsection (c) 13 [(a=1)], including mental health promotion and intervention, 14 substance abuse prevention and intervention, and suicide 15 prevention, that:

(1) include a procedure for providing notice of a recommendation for early mental health or substance abuse intervention regarding a student to a parent or guardian of the student within a reasonable amount of time after the identification of early warning signs as described by Subsection <u>(e)(2)</u> [(b)(2)];

(2) include a procedure for providing notice of a student identified as at risk of <u>attempting</u> [committing] suicide to a parent or guardian of the student within a reasonable amount of time after the identification of early warning signs as described by Subsection (e)(2) [(b)(2)];

(3) establish that the district may develop areporting mechanism and may designate at least one person to act as

1 a liaison officer in the district for the purposes of identifying 2 students in need of early mental health or substance abuse 3 intervention or suicide prevention; and

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4 (4) set out available counseling alternatives for a
5 parent or guardian to consider when their child is identified as
6 possibly being in need of early mental health or substance abuse
7 intervention or suicide prevention.

8 <u>(j)</u> [(e)] The practices and procedures developed under 9 Subsection <u>(i)</u>:

10 <u>(1) may address multiple areas listed in Subsection</u> 11 <u>(c) together; and</u>

12 (2) [(d)] must prohibit the use without the prior 13 consent of a student's parent or guardian of a medical screening of 14 the student as part of the process of identifying whether the 15 student is possibly in need of early mental health or substance 16 abuse intervention or suicide prevention.

17 <u>(k)</u> [(f)] The practices and procedures developed under 18 Subsection (i) [(d)] must be included in:

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(1) the annual student handbook; and

20 (2) the district improvement plan under Section 21 11.252[, Education Code].

(1) The agency shall develop and make available to school districts guiding principles on the coordination of programs and practices in areas listed under Subsection (c).

25 (m) [(g)] The <u>agency</u>, the <u>Health</u> and <u>Human</u> <u>Services</u>
26 <u>Commission</u>, and each regional education service center:

27 (1) [department] may accept donations for purposes of

1 this section from sources without a conflict of interest; and

2 (2) [. The department] may not accept donations for 3 purposes of this section from an anonymous source.

4 Nothing in this section is intended to interfere (n) [(i)] 5 with the rights of parents or guardians and the decision-making regarding the best interest of the child. Practices and procedures 6 developed in accordance with this section are intended to notify a 7 8 parent or guardian of a need for mental health or substance abuse intervention so that a parent or guardian may take appropriate 9 action. Nothing in this section shall be construed as giving school 10 districts the authority to prescribe medications. Any and all 11 medical decisions are to be made by a parent or guardian of a 12 student. 13

Sec. <u>38.352</u> [161.326]. IMMUNITY. This subchapter does not: (1) waive any immunity from liability of a school district or of district school officers or employees;

17 (2) create any liability for a cause of action against
18 a school district or against district school officers or employees;
19 or

20 (3) waive any immunity from liability under Section
21 74.151, Civil Practice and Remedies Code.

22 ARTICLE 2. MENTAL HEALTH FIRST AID PROGRAM TRAINING AND REPORTING

23 SECTION 2.01. Section 1001.205, Health and Safety Code, is 24 amended to read as follows:

25 Sec. 1001.205. REPORTS. (a) Not later than September 30 of 26 each year, a local mental health authority shall provide to the 27 department the number of:

(1) employees and contractors of the authority who
 were trained as mental health first aid trainers under Section
 1001.202 during the preceding fiscal year, the number of trainers
 who left the program for any reason during the preceding fiscal
 year, and the number of active trainers;

6 (2) university employees, school district employees, 7 and school resource officers who completed a mental health first 8 aid training program offered by the authority under Section 9 1001.203 during the preceding fiscal year <u>categorized by local</u> 10 <u>mental health authority region, university or school district, as</u> 11 <u>applicable, and category of personnel; and</u>

(3) individuals who are not university employees, school district employees, or school resource officers who completed a mental health first aid training program offered by the authority during the preceding fiscal year.

16 (b) Not later than December 1 of each year, the department 17 shall compile the information submitted by local mental health 18 authorities as required by Subsection (a) and submit a report to the 19 legislature containing [the number of]:

(1) <u>the number of</u> authority employees and contractors trained as mental health first aid trainers during the preceding fiscal year, the number of trainers who left the program for any reason during the preceding fiscal year, and the number of active trainers;

(2) <u>the number of</u> university employees, school
district employees, and school resource officers who completed a
mental health first aid training program provided by an authority

1 during the preceding fiscal year <u>categorized by local mental health</u>
2 <u>authority region, university or school district, as applicable, and</u>
3 <u>category of personnel; [and]</u>
4 (3) <u>the number of</u> individuals who are not university
5 employees, school district employees, or school resource officers
6 who completed a mental health first aid training program provided
7 by an authority during the preceding fiscal year; and

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8 (4) a detailed accounting of expenditures of money
9 appropriated for the purpose of implementing this subchapter.

SECTION 2.02. Subchapter H, Chapter 1001, Health and Safety
Code, is amended by adding Section 1001.207 to read as follows:

Sec. 1001.207. PROGRAM PROMOTION. (a) The commission shall make available on its official Internet website information about the mental health first aid training program for the purpose of promoting public awareness of the program. An electronic link to an outside source of information is not sufficient.

17 (b) The Texas Education Agency shall make available on its 18 official Internet website information about the mental health first 19 aid training program for the purpose of promoting public awareness 20 of the program. An electronic link to an outside source of 21 information is not sufficient.

22 ARTICLE 3. CONFORMING AMENDMENTS

23 SECTION 3.01. Section 74.151(e), Civil Practice and 24 Remedies Code, is amended to read as follows:

(e) Except as provided by this subsection, this section does not apply to a person whose negligent act or omission was a producing cause of the emergency for which care is being

1 administered. This subsection does not apply to liability of a 2 school district or district school officer or employee arising from 3 an act or omission under a program or <u>practice</u> [policy] or procedure 4 <u>developed</u> [adopted] under Subchapter <u>G, Chapter 38, Education</u> [O-1, 5 <u>Chapter 161, Health and Safety</u>] Code, other than liability arising 6 from wilful or intentional misconduct.

7 SECTION 3.02. Section 38.0141(a), Education Code, is 8 amended to read as follows:

9 (a) Each school district shall provide to the agency 10 information as required by the commissioner, including statistics and data, relating to student health and physical activity and 11 12 information described by Sections 28.004(k)(2), (3), and (4) [Section 28.004(k), presented in a form determined by the 13 14 commissioner. The district shall provide the information required 15 by this subsection for the district and for each campus in the district. 16

17ARTICLE 4. REPEALER; TRANSITION; EFFECTIVE DATE18SECTION 4.01. The following provisions of the Education

19 Code are repealed:

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(1) Section 21.463; and

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(2) Section 28.002(w).

22 SECTION 4.02. (a) Not later than May 1, 2020:

(1) the State Board for Educator Certification shall
propose rules under Section 21.054, Education Code, to comply with
the changes in law made to that section by this Act; and

26 (2) the Texas Education Agency, in cooperation with 27 the Health and Human Services Commission, shall develop the

guidelines required by Section 38.0591, Education Code, as added by
 this Act.

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3 (b) Not later than August 1, 2020, the Texas Education 4 Agency, in coordination with the Health and Human Services 5 Commission and regional education service centers, shall provide a 6 list of recommended best practice-based programs as required by 7 Section 38.351, Education Code, as transferred, redesignated, 8 reenacted, and amended by this Act.

9 SECTION 4.03. Any change in law made by this Act that 10 imposes a new duty or requirement on a school district or an 11 open-enrollment charter school applies beginning with the 12 2020-2021 school year.

SECTION 4.04. (a) Section 1001.205(a), Health and Safety Code, as amended by this Act, applies only to a report due under that subsection after December 31, 2019. A report due under that subsection before that date is governed by the law in effect immediately before the effective date of this Act, and that law is continued in effect for that purpose.

(b) Section 1001.205(b), Health and Safety Code, as amended by this Act, applies only to a report due under that subsection after March 1, 2020. A report due under that subsection before that date is governed by the law in effect immediately before the effective date of this Act, and that law is continued in effect for that purpose.

25 SECTION 4.05. Not later than March 1, 2020, the Health and 26 Human Services Commission and the Texas Education Agency shall 27 update their Internet websites to include the information required

by Section 1001.207, Health and Safety Code, as added by this Act.
 SECTION 4.06. This Act takes effect December 1, 2019.