

SENATE RESOLUTION NO. 40

WHEREAS, The Senate of the State of Texas is pleased to recognize the American Heart Association and to proclaim February 1, 2019, National Wear Red Day in Texas; and

WHEREAS, The vast majority of cardiovascular diseases are preventable, yet millions of women are affected by heart conditions, and cardiovascular diseases are the number one killer of women in the United States; and

WHEREAS, Risk factors for cardiovascular diseases include high blood pressure, smoking, and high cholesterol, all of which can be controlled with healthy lifestyle choices; and

WHEREAS, The American Heart Association established the Go Red for Women movement to encourage women to take charge of their heart health by learning their family health histories and by meeting with their health care providers to determine their risk factors for cardiovascular disease; and

WHEREAS, National Wear Red Day is an opportunity for Texans to show their support for women and the ongoing fight against heart disease; now, therefore, be it

RESOLVED, That the Senate of the State of Texas, 86th Legislature, hereby urge citizens throughout the state to express their support for women by observing National Wear Red Day in Texas and commend all associated with the American Heart Association for promoting the health of women; and, be it further

RESOLVED, That a copy of this Resolution be prepared in honor of this important day.

Campbell

President of the Senate

I hereby certify that the above Resolution was adopted by the Senate on January 30, 2019.

Secretary of the Senate

Member, Texas Senate