

SENATE RESOLUTION NO. 668

WHEREAS, August 7, 2019, marks the 60th wedding anniversary of Dr. Kenneth and Millie Cooper, and this joyous event provides a fitting opportunity to reflect on their rewarding journey together as husband and wife; and

WHEREAS, Kenneth and Millie Cooper exchanged the vows of matrimony on that memorable day in 1959; over the years, they have been blessed with a treasured family that includes their children, Berkley and Tyler, as well as their five grandchildren, with whom they enjoy spending many special occasions; and

WHEREAS, Known as the father of aerobics, Dr. Cooper served for 13 years in the United States military, and while working as flight surgeon and director of the Aerospace Medical Laboratory, he developed fitness tests and conditioning programs that are still in use today; he sparked a national interest in exercise with the release of his first book, *Aerobics*, in 1968, and he has continued to promote cardiovascular fitness by founding The Cooper Institute in Dallas and through his involvement with numerous health and wellness companies; and

WHEREAS, An early spokesperson for women's fitness, Mrs. Cooper was responsible for typing the original *Aerobics* manuscript, and she cowrote *Aerobics for Women* with her husband in 1972; in recognition of her efforts, she received the Sandi Haddock Impact Award from the American Heart Association in 2016; and

WHEREAS, The six decades of marriage that Dr. and Mrs. Cooper have shared is eloquent affirmation of the meaning of love and commitment, and their enduring union is an inspiration to all who know them; now, therefore, be it

RESOLVED, That the Senate of the State of Texas, 86th Legislature, hereby congratulate Dr. Kenneth and Millie Cooper on their 60th wedding anniversary and extend to them sincere best wishes for continued happiness; and, be it further

RESOLVED, That an official copy of this Resolution be prepared for the couple as an expression of high regard by the Texas Senate.

Hughes

President of the Senate

I hereby certify that the
above Resolution was adopted by
the Senate on May 1, 2019.

Secretary of the Senate

Member, Texas Senate