## **BILL ANALYSIS**

Senate Research Center

S.B. 1941 By: Gutierrez Health & Human Services 4/9/2021 As Filed

## **AUTHOR'S / SPONSOR'S STATEMENT OF INTENT**

Hyperemesis gravidarum (HG or hyperemesis) is a condition that affects roughly one percent of women and an estimated three percent of all pregnancies. It is a condition that is little understood, under-researched, and under-reported. It has long been thought to be caused by the "pregnancy hormone" hCG (human chorionic gonadotropin). However, recent studies show that it may be the result of the presence of hormone GDF15, which is believed to be responsible for nausea, vomiting, and cachexia—the wasting effect found in cancer patients.

The symptoms of hyperemesis are extreme vomiting and nausea and severe, unrelenting morning sickness that prevents affected women from functioning as normal. These symptoms typically last the majority, if not the entirety, of a pregnancy. Women who do not receive adequate care will often lose five percent or more of their body weight. Unable to keep food or liquid down, many pregnant women may become severely dehydrated and malnourished, requiring frequent emergency medical visits. Since this is a little-understood condition, affected women often feel alone and face serious complications in their pregnancies as a result of hyperemesis.

S.B. 1941 seeks to create Hyperemesis Strategic Plan, modeled after Texas's Postpartum Depression Strategic Plan. S.B. 1941 mandates the Health and Human Services Commission to develop a five-year plan to improve diagnosis and public awareness of hyperemesis gravidarum. There currently is no explicit Texas strategy for this poorly understood medical condition. Improved public awareness and diagnosis of hyperemesis gravidarum might improve outcomes for pregnant women and shed important light on this rare, but dangerous, medical condition.

There is no known opposition to this bill.

As proposed, S.B. 1941 amends current law relating to the creation of a hyperemesis strategic plan.

## **RULEMAKING AUTHORITY**

This bill does not expressly grant any additional rulemaking authority to a state officer, institution, or agency.

## **SECTION BY SECTION ANALYSIS**

SECTION 1. Amends Chapter 35, Subtitle B, Title 2, Health and Safety Code, by adding new Section 32.047, as follows:

Sec. 32.047. HYPEREMESIS STRATEGIC PLAN. (a) Requires the Health and Human Services Commission (HHSC) to develop and implement a five-year strategic plan to improve diagnosis and public awareness of hyperemesis gravidarum. Requires HHSC, not later than September 1 of the last fiscal year in each five-year period, to develop a new strategic plan for the next five fiscal years beginning with the following fiscal year.

- (b) Requires that the strategic plan provide strategies to:
  - (1) increase awareness among state-administered program providers who are authorized to serve women who are at risk of or are experiencing

hyperemesis gravidarum about the prevalence and effects of hyperemesis on outcomes for women and children;

- (2) establish a referral network of community-based health providers and support services addressing hyperemesis gravidarum;
- (3) increase women's access to formal and informal peer support services, including access to certified peer specialists who have received additional training related to hyperemesis gravidarum;
- (4) raise public awareness of hyperemesis gravidarum; and
- (5) leverage sources of funding to support existing community-based hyperemesis gravidarum screening, referral, treatment, and support services.
- (c) Requires HHSC to coordinate with the Department of State Health Services (DSHS) and the statewide health coordinating council in the development of this strategic plan.
- (d) Requires HHSC, in consultation with DSHS and the statewide health coordinating council, to annually review and update, as necessary, the strategic plan.
- (e) Defines "hyperemesis gravidarum."

SECTION 2. Effective date: September 1, 2021.