

By: Thompson of Harris

H.R. No. 748

R E S O L U T I O N

1           WHEREAS, May is Mental Health Awareness Month, and this  
2 occasion provides a fitting opportunity to promote better  
3 understanding of issues regarding mental health and to foster  
4 support for individuals who are affected by mental illness; and

5           WHEREAS, Mental illness encompasses a range of health  
6 conditions that influence a person's thoughts, feelings, behavior,  
7 and mood; these conditions include depression, psychosis, and  
8 various disorders, all of which have the potential to profoundly  
9 impact an individual's life and relationships; research suggests  
10 that mental illness is associated with multiple causes, including  
11 genetics, environmental factors, exposure to traumatic events, and  
12 biochemical processes; and

13           WHEREAS, According to the National Alliance on Mental  
14 Illness, more than 50 million U.S. adults experienced mental  
15 illness in 2019, while recent annual statistics on children and  
16 adolescents indicate that more than 7 million experienced a mental  
17 health disorder; although early treatment can significantly  
18 improve wellness and recovery outcomes, many people do not seek out  
19 the help they need due to the stigma associated with mental illness,  
20 as well as an inability to recognize symptoms and a lack of  
21 knowledge about health care resources; depending on each patient's  
22 unique experience, treatment may include medication, therapy,  
23 social support, and educational programs; and

24           WHEREAS, More work remains to be done to fight the stigma

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1 surrounding mental illness and to highlight the importance of  
2 treatment, and the observance of Mental Health Awareness Month  
3 unites Texans in their commitment to these efforts; now, therefore,  
4 be it

5         RESOLVED, That the House of Representatives of the 87th Texas  
6 Legislature hereby recognize May 2021 as Mental Health Awareness  
7 Month and encourage all residents of the Lone Star State to learn  
8 more about mental health issues.