H.R. No. 1603

RESOLUTION

- 1 WHEREAS, American Diabetes Month is being observed in
- 2 November 2021 in an effort to raise public consciousness of this
- 3 critical illness; and
- WHEREAS, Diabetes is a chronic health condition that affects
- 5 the body's production and use of insulin; in type 1 diabetes, the
- 6 body fails to make enough insulin, while in the much more common
- 7 type 2 diabetes, the body is not capable of using insulin correctly;
- 8 both forms of the disease, if not controlled, can cause spikes in
- 9 blood sugar that may eventually damage nerves and blood vessels,
- 10 resulting in increased risk of heart disease and stroke, as well as
- 11 blindness, kidney disease, and other health issues; and
- WHEREAS, In the United States, more than 34 million people
- 13 have diabetes, which is the nation's seventh-leading cause of
- 14 death; there is currently no cure for the disease, but by addressing
- 15 risk factors, individuals can avoid or delay the development of
- 16 type 2 diabetes and the related health complications; some measures
- 17 that can help prevent this disease are exercising, eating well,
- 18 quitting smoking, controlling blood pressure, lowering
- 19 cholesterol, and managing blood sugar and stress; and
- 20 WHEREAS, Increased awareness is a valuable tool in reducing
- 21 the burden of this serious illness, and through education and
- 22 advocacy, we can advance research for diabetes and enable more
- 23 people living with the disease to enjoy full and productive lives;
- 24 now, therefore, be it

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- 1 RESOLVED, That the House of Representatives of the 87th Texas
- 2 Legislature hereby recognize November 2021 as American Diabetes
- 3 Month and encourage all Texans to learn more about diabetes and the
- 4 associated risk factors.

Price

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Speaker of the House

I certify that H.R. No. 1603 was adopted by the House on May 29, 2021, by a non-record vote.

Chief Clerk of the House