

By: Price

H.R. No. 1603

R E S O L U T I O N

1 WHEREAS, American Diabetes Month is being observed in
2 November 2021 in an effort to raise public consciousness of this
3 critical illness; and

4 WHEREAS, Diabetes is a chronic health condition that affects
5 the body's production and use of insulin; in type 1 diabetes, the
6 body fails to make enough insulin, while in the much more common
7 type 2 diabetes, the body is not capable of using insulin correctly;
8 both forms of the disease, if not controlled, can cause spikes in
9 blood sugar that may eventually damage nerves and blood vessels,
10 resulting in increased risk of heart disease and stroke, as well as
11 blindness, kidney disease, and other health issues; and

12 WHEREAS, In the United States, more than 34 million people
13 have diabetes, which is the nation's seventh-leading cause of
14 death; there is currently no cure for the disease, but by addressing
15 risk factors, individuals can avoid or delay the development of
16 type 2 diabetes and the related health complications; some measures
17 that can help prevent this disease are exercising, eating well,
18 quitting smoking, controlling blood pressure, lowering
19 cholesterol, and managing blood sugar and stress; and

20 WHEREAS, Increased awareness is a valuable tool in reducing
21 the burden of this serious illness, and through education and
22 advocacy, we can advance research for diabetes and enable more
23 people living with the disease to enjoy full and productive lives;
24 now, therefore, be it

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1 RESOLVED, That the House of Representatives of the 87th Texas
2 Legislature hereby recognize November 2021 as American Diabetes
3 Month and encourage all Texans to learn more about diabetes and the
4 associated risk factors.