

By: Menéndez

S.B. No. 405

A BILL TO BE ENTITLED

AN ACT

relating to the inclusion of a mental health course in the required curriculum for public high school students.

BE IT ENACTED BY THE LEGISLATURE OF THE STATE OF TEXAS:

SECTION 1. Section 28.002, Education Code, is amended by adding Subsection (c-5) to read as follows:

(c-5) The State Board of Education shall adopt rules requiring students to complete at least one mental health course while in high school that satisfies the requirements of Subsection (a)(2)(B)(ii) and includes:

(1) instruction regarding:

(A) depression;

(B) anxiety;

(C) eating disorders;

(D) schizophrenia; and

(E) other mental health disorders; and

(2) information about cultivating coping skills and seeking available mental health services.

SECTION 2. This Act applies beginning with the 2022-2023 school year.

SECTION 3. This Act takes effect immediately if it receives a vote of two-thirds of all the members elected to each house, as provided by Section 39, Article III, Texas Constitution. If this Act does not receive the vote necessary for immediate effect, this

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1 Act takes effect September 1, 2021.