H.R. No. 1488

## RESOLUTION

1 WHEREAS, The observance of ALS Awareness Month in May 2 provides a fitting opportunity to promote better understanding of 3 amyotrophic lateral sclerosis, often known as Lou Gehrig's disease; 4 and

5 WHEREAS, A neurodegenerative condition, ALS was first identified by a French scientist in 1869, and the disease garnered 6 international attention 70 years later, when it ended the career of 7 beloved baseball player Lou Gehrig; ALS affects nerve cells in the 8 9 brain and spinal cord, causing the progressive degeneration of the motor neurons that reach from the brain to the spinal cord and from 10 11 the spinal cord to the muscles throughout the body; patients with 12 ALS may lose the ability to speak, eat, move, and breathe; and

13 WHEREAS, To receive a diagnosis, patients must typically 14 undergo numerous tests and procedures, such as electromyography testing, blood and urine studies, spinal taps, x-rays, biopsies, 15 16 and neurological examinations; approximately 5,600 people in the United States are diagnosed with ALS each year, and some 15 17 Americans are diagnosed each day; moreover, for unknown reasons, 18 military veterans are significantly more likely to be diagnosed 19 20 with the disease than the general public; and

21 WHEREAS, Although life expectancy averages about two to five 22 years from diagnosis, the disease is variable, and some people 23 survive longer while retaining quality of life; according to the 24 ALS Association, approximately 20 percent of individuals with ALS

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1 live five years or more, and about five percent live 20 years or 2 longer; there is currently no cure for ALS, but a number of 3 medications and treatments are available to help alleviate symptoms 4 and prolong survival; and

5 WHEREAS, Individuals with ALS benefit immeasurably from the 6 support of their families, friends, health care providers, and 7 caregivers, as well as from the dedicated efforts of service 8 groups, volunteers, and researchers across Texas who are working to 9 improve outcomes and develop new treatments for ALS; and

10 WHEREAS, Amyotrophic lateral sclerosis is a serious and 11 life-threatening disease, and the observance of ALS Awareness Month 12 unites people around the world in their commitment to support the 13 search for a cure and to enhance quality of life for patients; now, 14 therefore, be it

15 RESOLVED, That the House of Representatives of the 88th Texas 16 Legislature hereby recognize May 2023 as ALS Awareness Month and 17 urge all Texans to learn more about the disease.

> Jetton Lalani

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Speaker of the House

I certify that H.R. No. 1488 was adopted by the House on May 17, 2023, by a non-record vote.

Chief Clerk of the House