

Amend CSSB 25 (house committee report) as follows:

(1) On page 3, line 19, strike "Section 28.0115" and substitute "Sections 28.0115 and 28.0116".

(2) On page 4, between lines 4 and 5, insert the following:

Sec. 28.0116. ELECTIVE COURSE ON MINDFULNESS. (a) Each school district and open-enrollment charter school may provide an elective course on mindfulness to students enrolled in middle school, junior high school, and high school programs. The course provided to high school students must meet the requirements for an elective credit under Section 28.025.

(b) A course under this section must include instruction on techniques for students to:

(1) enhance focus and concentration;

(2) manage stress;

(3) improve emotional regulation; and

(4) cultivate increased self-awareness.

(3) On page 17, line 26, strike "and 28.0115" and substitute ", 28.0115, and 28.0116".