

BILL ANALYSIS

Senate Research Center

H.B. 1393
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Engrossed

AUTHOR'S / SPONSOR'S STATEMENT OF INTENT

For decades, Texans have adjusted their clocks twice a year to comply with the federal Uniform Time Act, moving forward in the spring and back in the fall. However, this practice has come under increasing scrutiny due to studies linking time changes to health issues, sleep disruption, increased traffic accidents, and decreased workplace productivity. Many Texans and lawmakers believe that maintaining a single, consistent time year-round would reduce confusion, enhance safety, and improve quality of life.

H.B. 1393 aims to eliminate the biannual clock changes by allowing Texas to observe daylight saving time year-round—commonly referred to as "permanent DST"—pending federal authorization. Under current federal law, states may opt out of DST altogether but cannot independently adopt it year-round. H.B. 1393 positions Texas to act swiftly and decisively if congress grants that authority.

By declaring a uniform time standard—"Texas Time"—this bill ensures both the central and mountain time regions of the state would operate under a single, consistent system, enhancing statewide coordination and stability. The bill reflects Texas's commitment to reducing unnecessary government mandates and aligning state law with common-sense reforms supported by a majority of the public.

H.B. 1393 amends current law relating to daylight saving time.

RULEMAKING AUTHORITY

This bill does not expressly grant any additional rulemaking authority to a state officer, institution, or agency.

SECTION BY SECTION ANALYSIS

SECTION 1. Amends Section 312.016, Government Code, by adding Subsection (d), as follows:

(d) Requires this state, acting as authorized under federal law, to observe daylight saving time year-round. Provides that this subsection applies to both the portion of this state using central standard time as the official standard time and the portion of this state using mountain standard time as the official standard time. Requires that the standard time in this state be referred to as Texas Time.

SECTION 2. (a) Effective date, except as otherwise provided by this section: September 1, 2025.

(b) Provides that this Act is contingent upon enactment by the United States Congress of legislation that becomes law that authorizes the State of Texas to observe daylight saving time year-round.