

By: Toth

H.B. No. 4311

A BILL TO BE ENTITLED

AN ACT

relating to required reintegration therapy coursework and training for certain mental health professionals.

BE IT ENACTED BY THE LEGISLATURE OF THE STATE OF TEXAS:

SECTION 1. This Act may be cited as the Reintegration Therapy Training Act of 2025.

SECTION 2. The legislature finds that:

(1) mental health professionals require comprehensive training to effectively address the complexities associated with identity confusion and gender dysphoria;

(2) reintegration therapy is essential for assisting individuals, particularly minors, who experience difficulties after attempting to transition socially or medically from their sex; and

(3) there is a need for specialized training in reintegration therapy to better support individuals experiencing alienation from self and familial conflicts due to identity issues and gender dysphoria.

SECTION 3. Subchapter F, Chapter 51, Education Code, is amended by adding Section 51.306 to read as follows:

Sec. 51.306. REINTEGRATION THERAPY COURSEWORK. (a) In this section:

(1) "Coordinating board" means the Texas Higher Education Coordinating Board.

1 (2) "Institution of higher education" has the meaning
2 assigned by Section 61.003.

3 (3) "Mental health professional" has the meaning
4 assigned by Section 61.601.

5 (4) "Reintegration therapy" means therapeutic
6 practices designed to assist an individual who has undergone or
7 considered social or medical transition from the individual's sex,
8 focusing on alleviating distress over the individual's sex and
9 fostering reconciliation with the reality of biological sex.

10 (b) Each institution of higher education that offers a
11 mental health professional degree program shall require students
12 enrolled in the program to complete a course of instruction on
13 reintegration therapy. The coordinating board, in consultation
14 with the Texas Behavioral Health Executive Council, by rule shall
15 prescribe the curriculum and other requirements for the course.
16 The curriculum must cover:

17 (1) alienation from self and resulting psychological
18 impacts;

19 (2) familial attention and strategies for
20 reconciliation;

21 (3) gender stereotypes and that stereotypes do not
22 determine an individual's sex;

23 (4) the binary reality of sex;

24 (5) coping strategies for individuals who feel a loss
25 of self due to attempts at social or medical transitioning; and

26 (6) other topics as determined by the coordinating
27 board related to the psychological, social, and medical

1 implications of social or medical transitioning, including but not
2 limited to the negative consequences of surgical intervention,
3 puberty blockers or other hormones, binding, and tucking.

4 SECTION 4. Subchapter F, Chapter 507, Occupations Code, is
5 amended by adding Section 507.260 to read as follows:

6 Sec. 507.260. REINTEGRATION THERAPY TRAINING. (a) A
7 license holder shall biennially complete three hours of continuing
8 education in reintegration therapy, as defined by Section 51.306,
9 Education Code.

10 (b) The executive council may not renew the license of a
11 license holder who does not complete the training required by this
12 section.

13 (c) A license holder may complete the training required by
14 this section:

15 (1) as part of any continuing education required by
16 the executive council under Section 507.157; and

17 (2) in more than one training session.

18 SECTION 5. Section 51.306, Education Code, as added by this
19 Act, applies beginning with students initially enrolling in a
20 mental health professional degree program at a public institution
21 of higher education in the 2025-2026 academic year.

22 SECTION 6. Section 507.260, Occupations Code, as added by
23 this Act, applies only to the renewal of a license or registration
24 permit on or after January 1, 2027.

25 SECTION 7. This Act takes effect September 1, 2025.