

By: Lalani

H.R. No. 44

R E S O L U T I O N

1 WHEREAS, Hypertrophic Cardiomyopathy Awareness Day is taking
2 place on February 26, 2025, and this occasion provides a fitting
3 opportunity to promote better understanding of this health issue;
4 and

5 WHEREAS, Hypertrophic cardiomyopathy (HCM) is a chronic
6 cardiovascular disease that involves thickening of the heart muscle
7 and can potentially lead to debilitating symptoms and serious
8 complications, including heart failure, atrial fibrillation,
9 stroke, and in rare cases, sudden cardiac death; and

10 WHEREAS, HCM is the most common inheritable heart disease; it
11 can affect anyone, regardless of age, gender, or ethnicity, and it
12 has a reported prevalence ranging from 1 in 200 individuals to 1 in
13 500 individuals in the general population; recent reports show that
14 the number of people in Texas who have HCM range from 58,000 to
15 nearly 147,000, although approximately 85 percent of cases remain
16 undiagnosed; and

17 WHEREAS, HCM shares symptoms with other common
18 cardiovascular and pulmonary diseases, such as shortness of breath,
19 chest pain, fatigue, palpitations, and fainting, and those
20 similarities make it difficult to accurately diagnose HCM; in
21 addition, the all-cause mortality risk is three to four times
22 higher in patients with HCM than that of the general population; it
23 is important that patients know their medical history and stay
24 informed about the signs and symptoms of HCM; and

1 WHEREAS, In order to help identify a risk of both genetic and
2 congenital cardiac disorders, health care providers conduct
3 thorough screenings with cardiac health questions; they may also
4 conduct several tests, including an echocardiogram, a cardiac MRI,
5 or genetic testing to confirm a family history of HCM, and they must
6 examine the heart to diagnose HCM; and

7 WHEREAS, Following a diagnosis of HCM, patients are advised
8 to work with their health care providers to learn more about the
9 disease and different management options, such as prescription
10 medicines and surgical treatments; and

11 WHEREAS, Hypertrophic cardiomyopathy is a serious and
12 life-threatening disease, and the observance of Hypertrophic
13 Cardiomyopathy Awareness Day unites people around the world in
14 their commitment to improving the quality of life for patients;
15 now, therefore, be it

16 RESOLVED, That the House of Representatives of the 89th Texas
17 Legislature hereby recognize February 26, 2025, as Hypertrophic
18 Cardiomyopathy Awareness Day and urge all Texans to learn more
19 about the disease; and, be it further

20 RESOLVED, That an official copy of this resolution be
21 prepared for the Hypertrophic Cardiomyopathy Association as an
22 expression of high regard by the Texas House of Representatives.