

R E S O L U T I O N

1 WHEREAS, Mental health is essential to the overall health and  
2 well-being of every individual, and the observance of National  
3 Mental Health Awareness Month in May provides an opportunity to  
4 highlight the need for greater empathy and support for Texans  
5 experiencing mental health issues; and

6 WHEREAS, According to the National Alliance on Mental  
7 Illness, approximately one in every five Americans, including more  
8 than 4.7 million adults in Texas, lives with a mental illness; these  
9 conditions affect people of all ages, races, ethnicities, and  
10 socioeconomic backgrounds, and though they are common and  
11 treatable, the stigma associated with them can be an obstacle to  
12 treatment, recovery, and social acceptance; and

13 WHEREAS, Cost is another hurdle to receiving effective  
14 treatment, and over one million Texans report being unable to  
15 access the care that they need for a serious mental illness; in  
16 addition, there is a significant demand for crisis support in  
17 Texas, as evidenced by the more than 177,000 calls made to suicide  
18 and crisis line call centers in 2023, underscoring the need for  
19 sustained investment in accessible mental health services; and

20 WHEREAS, Mental illnesses often begin early in life, with  
21 around half of cases developing by age 14; every year, close to half  
22 a million adolescents in Texas experience a major depressive  
23 episode, and more than 300,000 have thoughts of suicide; over 18  
24 percent of youth in our state have endured multiple adverse

H.R. No. 893

1 childhood experiences, which increase the risk of mental illnesses  
2 and substance use disorders in adulthood; despite the urgent need  
3 for mental health care among young people, the average public  
4 school in Texas provides just one school psychologist for every  
5 2,300 students, a ratio that falls short of the recommendation of  
6 one per 500 students; and

7 WHEREAS, Promoting awareness and understanding of mental  
8 health needs can help ensure that individuals receive the support  
9 and treatment necessary to lead healthy, productive lives; for our  
10 mental health care system to be effective, it must emphasize early  
11 intervention, prevention, education, and access to quality  
12 behavioral health services; and

13 WHEREAS, Mental Health Awareness Month serves as a means of  
14 educating the public about this critical issue and celebrating the  
15 progress made by those living with mental health conditions, and it  
16 is fitting to acknowledge the vital work being done by community  
17 organizations, peer advocates, families, professionals, and  
18 policymakers across the state to advance these worthy goals; now,  
19 therefore, be it

20 RESOLVED, That the House of Representatives of the 89th Texas  
21 Legislature hereby recognize May 2025 as Mental Health Awareness  
22 Month and encourage all Texans to join in supporting mental health  
23 services, education, and outreach in their communities.

Hinojosa

H.R. No. 893

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Speaker of the House

I certify that H.R. No. 893 was adopted by the House on May 1,  
2025, by a non-record vote.

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Chief Clerk of the House