

By: Menéndez

S.B. No. 1688

A BILL TO BE ENTITLED

AN ACT

relating to health benefit plan coverage of anxiety and pain management in connection with prescription contraceptive devices.

BE IT ENACTED BY THE LEGISLATURE OF THE STATE OF TEXAS:

SECTION 1. Section 1369.1031, Insurance Code, is amended by adding Subsections (e) and (f) to read as follows:

(e) A health benefit plan that provides benefits for forms of contraception approved by the United States Food and Drug Administration must provide coverage of evidence-based anxiety and pain management related to the insertion and removal of contraception, including:

(1) prescription antianxiety medication;

(2) minimal and moderate sedation;

(3) local anesthesia;

(4) topical anesthetics; and

(5) paracervical blocks.

(f) The coverage described by Subsection (e) is not subject to a cost-sharing requirement, including a deductible or coinsurance, utilization review, or step therapy, or any other restriction or delay on coverage.

SECTION 2. The change in law made by this Act applies only to a health benefit plan that is delivered, issued for delivery, or renewed on or after January 1, 2026.

SECTION 3. This Act takes effect September 1, 2025.