

By: Menéndez

S.B. No. 1688

A BILL TO BE ENTITLED

# 1 AN ACT

2 relating to health benefit plan coverage of anxiety and pain  
3 management in connection with prescription contraceptive devices.

4 BE IT ENACTED BY THE LEGISLATURE OF THE STATE OF TEXAS:

5 SECTION 1. Section [1369.1031](#), Insurance Code, is amended by  
6 adding Subsections (e) and (f) to read as follows:

7       (e) A health benefit plan that provides benefits for forms  
8       of contraception approved by the United States Food and Drug  
9       Administration must provide coverage of evidence-based anxiety and  
10      pain management related to the insertion and removal of  
11      contraception, including:

17        (f) The coverage described by Subsection (e) is not subject  
18    to a cost-sharing requirement, including a deductible or  
19    coinsurance, utilization review, or step therapy, or any other  
20    restriction or delay on coverage.

21 SECTION 2. The change in law made by this Act applies only  
22 to a health benefit plan that is delivered, issued for delivery, or  
23 renewed on or after January 1, 2026.

24 SECTION 3. This Act takes effect September 1, 2025.